

Weekly Reflection



Week of: _____

My biggest wins this week!

I am grateful for...

Things to work on...

- _____
- _____
- _____

Next week's goals!

- _____
- _____
- _____

Weekly habit tracker:

M T W T F S S

| | | | | | | |
|---|---|---|---|---|---|---|
| ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| ○ | ○ | ○ | ○ | ○ | ○ | ○ |
| ○ | ○ | ○ | ○ | ○ | ○ | ○ |